



## Partners for Behavioral Health and Wellness

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### Child Checklist of Characteristics

Name of child: \_\_\_\_\_ Age: \_\_\_\_\_

Person completing this form: \_\_\_\_\_ Date: \_\_\_\_\_

Many concerns can apply to both children and adults. If you have brought a child for evaluation or treatment, review this checklist, which contains concerns (as well as positive traits) that apply mostly to children, and mark any items that describe the child. Feel free to add any others at the end under "Other characteristics."

- Affectionate
- Angry, often irritable, easily angered
- Artistic
- Assertive
- Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes
- Careful, thorough
- Cheats
- Creative, imaginative
- Cruel to animals, "teases," "plays tricks on them"
- Concerned for others, sensitive to others' feelings
- Conflicts with parents over breaking rules, chores, homework, grades, choices
- Confident, independent
- Complains, criticizes everything and everybody, sarcastic
- Cries easily, feelings are easily hurt
- Dawdles, delays, procrastinates, wastes time
- Defiant, resists, refuses, does not comply
- Dependent, clinging, timid
- Demands attention
- Developmental delays
- Dissatisfied with body, weight
- Disobedient, uncooperative, doesn't follow rules
- Disrupts family activities
- Distractible, inattentive, can't concentrate, daydreams, slow to respond
- Drug or alcohol use
- Eating and diet: Poor manners, refuses food, appetite increase or decrease, odd combinations, overeats, weight changes, overconcern with weight
- Exercises, active in sports
- Extracurricular activities interfering with academics
- Feels inferior, low confidence
- Fearful, anxious, cries
- Fighting, hitting, violent, aggressive, hostile, provokes, threatens, destructive
- Fire setting
- Friendly, outgoing, makes friends easily, gets along with most people and family
- Gender identity concerns
- Good looking, attractive, handsome, pretty
- Graceful, well coordinated
- Not healthy, always complains of feeling sick

- Healthy, energetic, has stamina, rarely sick
- Hurts or harms self, bites or hits self, bangs head, scratches self, bites nails
- Immature, "clowns around," has only younger playmates
- Imaginary playmates, extensive fantasy play
- Imaginative, creative
- Impatient, low frustration tolerance, interrupts, talks out, yells
- Isolates, likes to be alone, withdraws, does not socialize
- Intelligent, ahead of peers in school, solves problems, smart, quick to learn
- Lacks organization, unprepared
- Learning disability
- Legal difficulties: Truancy, loitering, drinking, vandalism, stealing, fighting, drug sales
- Lies often, not trustworthy
- Mature beyond his or her years, responsible, trustworthy
- Nervous, tense, worries excessively, startles easily
- Needs a lot of supervision at home over play/chores/schedule
- Obedient, helpful
- Overactive, restless, hyperactive, out-of-seat behaviors, restlessness, fidgety, noisy
- Prejudiced, bigoted, insulting, name calling, intolerant
- Polite, well mannered
- Pouts, sulks, moody
- Recent move, new school adjustment, loss of friends
- Rocking or other repetitive movements
- Runs away
- Sad, unhappy, down, often blue, tearful, cries
- School problems: Grades, attendance, class cutting, failing out of school
- Sexual issues: Sexual preoccupation, public masturbation, inappropriate sexual behaviors
- Shy, timid, refuses to speak
- Socially smart, understands others
- Sleep difficulties, bedtimes, excessive sleep, sleep walking, nightmares
- Stubborn
- Suicide talk or attempt
- Swears, blasphemes, bathroom language, foul language
- Thumb sucking, finger sucking, hair chewing, scratches or picks at skin
- Tics (involuntary rapid movements, noises or words)
- Teased, picked on, victimized, bullied
- Underactive, slow-moving or slow-responding, lethargic
- Uncoordinated, accident-prone, gets hurt a lot, falls, drops things
- Violent, breaks things, hurts others, temper tantrums, rages
- Well groomed, dresses with care
- Wetting or soiling the bed or clothes
- Other characteristics: \_\_\_\_\_

**Please look back over the concerns you have checked off, and choose the one that you most want the child to be helped with. Which is it?** \_\_\_\_\_

*This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.*

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